**Partner Betrayal Trauma PTSD Questionnaire:**

1. When I found out about my spouse or significant other's behaviors, I felt that my marriage or relationship with them was severely threatened or could end?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
2. My response to finding out about my spouse or significant other's behavior included feelings of intense fear, intense helplessness, intense anxiety, and horror.  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
3. Since finding out about my spouse or significant other's behavior I have had intrusive distressing thoughts about their behavior?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
4. Since finding out about my spouse or significant other's behavior I have had intrusive distressing dreams about their behavior?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
5. I have experienced reliving the experience of finding out about my spouse or significant other's behavior or what the behaviors were i.e. flashbacks, illusions, hallucinations like you were actually there again. (This is not just a thought but feeling you are actually there reliving the experience.)  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
6. I have experienced intense psychological distress when I have externally or internally been exposed to something that symbolizes or resembles my spouse or significant other's behavior?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
7. I have had efforts to avoid thoughts, feelings or conversations about my spouse or significant other's behavior after disclosure?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
8. I have had efforts to avoid activities, places, or people that arouse recollections of my spouse or significant other's behavior?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
9. I have had inability to recall aspects of information about my spouse or significant other's behavior after discovery?  
   -Never  
   -Don't Know  
   -Once/Rarely  
   -Sometimes  
   -Frequently
10. I have experienced significant diminished interest or participation in significant activities after finding out about my spouse or significant other's behavior?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
11. After finding out about my spouse or significant other's behavior I have experienced feelings of detachment or estrangement from other people?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
12. Since finding out about my spouse or significant other's behavior, I have felt emotionally restricted?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
13. Since finding out about my spouse or significant other's behavior, I have had a sense my future has been shortened?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
14. Since finding out about my spouse or significant other's behavior, I have experienced difficulty falling asleep, irritability or outburst of anger, difficulty concentrating, hypervigilance, and exaggerated startled responses.  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently
15. I have experienced significant distress or impairment in social, occupational, or other important areas of functioning in my life as a result of finding out about my spouse or significant other's behavior?  
    -Never  
    -Don't Know  
    -Once/Rarely  
    -Sometimes  
    -Frequently